

CATCH THEM YOUNG!!!

On 15th July 2024 the Department of Emergency Medicine in association with Department of Obstetrics and Gynaecology got the opportunity to conduct an interactive live session about **staying healthy and handling common emergencies** at

K.K. Wagh Universal School; Nashik.

From the team of GMC MPGIMER, MUHS Nashik;

Name	Designation
Dr Suhasini Sonavdekar	Professor, Department of Emergency Medicine
Dr Prasannajeet Kokate	Associate Professor, Department of Obstetrics and Gynaecology
Dr Shubhi Bhatnagar	Junior Resident, Department of Emergency Medicine
Dr Madhuri Jadhav	Junior Resident, Department of Emergency Medicine

The session started with welcome and felicitation and a few kind words by the organiser.

Dr Kokate presented a session on personal hygiene, nutrition, importance of good posture and sleep.

The session conducted by Dr Suhasini was an interactive session about

handling emergencies like **cuts, epilepsy, burns, fractures, cardiac arrest** and **general do's and don't's** for a common person.

The composition and maintenance of a first-aid kit was also demonstrated. The session concluded by demonstration of a basic life support scenario by Dr Shubhi and Dr Madhuri.

A substantial amount of enthusiasm was noticed amongst the students of classes 9th and 10th.

It was a good academic initiative from GMC MPGIMER, MUHS, Nashik Department of Emergency Medicine to create awareness about common emergencies amongst the school going students.

